



# Victory Sports Center's Preschool/Toddler Gymnastics Program

**TUMBLE TOTS** is Victory's NEW name for your toddler/preschool gymnastics program. Victory's gymnastics program for gymnasts under the age of 5 years old is growing and needing it's own identity. Along with a new name comes new class names, times and types. **TUMBLE TOTS** will now offer classes for children that have just learned to walk!! Below is a list of the new class descriptions and new class name, along with our new morning **TUMBLE TOTS** classes.

## **MINI TOTS:** ages walking to 17 months old (parent participation)

Mini Tots is the first step in exploring the gym. Now that your child is able to walk he/she can have a safe and fun experience climbing, walking and exploring the gym in your specialized classes. Lesson plans are designed to promote social interaction, gross motor skills and bonding time between parent and child.

## **TINY TOTS:** ages 18 months to 3 years old (parent participation)

Tiny tots is where your child's imagination and abilities come together to further develop their gross motor skills, coordination, strength and early gymnastics fundamentals.

## **TATER TOTS:** ages 3 & 4 years old

No parents needed in this class!! Gymnasts are on their own as they learn to follow the lead of their teacher. Listening, group activities and FUN is what this class is about. At this age children are learning to follow multi-step instructions and adventure through the gymnastics stations on their own.

## **SUPER TOTS:** ages 3 & 4 years old (invitational only)

Here comes the SUPER TOTS!! Experienced gymnasts. These Tots have shown great progression in skill development, along with listening skills. They are ready for a faster paced class and will get to go on the BIG kids equipment!!

## **STARS:** ages 4 & 5 (invitational only)

STARS is exactly what these gymnast are! Stars is apart of Victory's Pre-Team program, for girls that show that extra something and want to compete. Advanced skills and awesome listening are required.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>MINI TOTS</b> 9:00-9:45	<b>TATER TOTS</b> 9:00-9:45	<b>TATER TOTS</b> 9:00-9:45	<b>MINI TOTS</b> 9:00-9:45
<b>TATER TOTS</b> 10:00-10:45	<b>TINY TOTS</b> 10:00-10:45	<b>SUPER TOTS</b> 10:00-11:00	<b>TATER TOTS</b> 10:00-10:45

